

# Parent Conference 2020

## Sibling Rivalry: Gigi B. Shadid

### Personal Background

#### Section 1: Introduction - Why do siblings fight?

1. Causes of sibling rivalry
2. Bible stories of Sibling Rivalries and 'Sibling Harmony'
3. Siblings as Adults vs. Siblings as Kids ("Our siblings push buttons that cast us in roles we felt sure we had let go of long ago." – Jane Mersky Leder)

#### Section 2: How can I help my kids get along better?

1. Practical Tips/Take-aways
2. Family Meetings
3. Sharing - success stories, what has worked for you?

#### Section 3: Additional Resources

1. Siblings Without Rivalry by: Adele Faber & Elaine Mazlish

#### Suggested Reading for Kids:

- I Love You the Purplest, by Barbara Joosse. Ages 4-adult. *Two brothers compete for their mom's attention and love. She shows them she loves each of them for their special selves.* <https://www.youtube.com/watch?v=rPpZf41X7oY>
- You're All My Favorites, by Sam McBratney. Ages 2-5. *Mommy and Daddy Bear convince three worried cubs that there's plenty of love to go around.* <https://www.youtube.com/watch?v=fkeqwiuMHqY>

Any questions? Contact me at [gigishadid@gmail.com](mailto:gigishadid@gmail.com)

**Bio:** Gigi Baba Shadid is a graduate of the University of Houston with a degree in Education and Interdisciplinary Studies. She has been an educator and involved in Youth Ministry for over 20 years and has produced 5 educational music CD's. Gigi is currently a teacher at The Saint Constantine (Orthodox Christian) School in Houston, Texas. She is married to Fr. James Shadid, has three lively children, and is one of five siblings. She has a lot of first hand-experience with sibling rivalry (and some sibling harmony as well)!